

FROM TRISTEN VAIL

#### November 2022

The summer went quickly, but it was a good one.

It's been so nice to see more people out and about enjoying the local events that Anacortes has to offer. AMP Fest had a great turnout and killer weather with smiles all around. I'm bummed to see the days growing shorter but it definitely feels good to pull out the sweaters, turn on the heater, and use all the artificial light.

Knowing that AMP's Yule Bizarre is just around the corner will keep us all going through some of the cold months ahead. See you all there!



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## The Rewards of the Hero's Journey New Music from Sword Fearn

by Corin Noronha

Sword Fearn wants to put a spell on you. Much like his grandpa did when he was young, Sword Fearn, the third musical project of Liam Poor, is looking to enchant his audiences with magic that only music can provide. His debut single, *Hero's Journey*, is the culmination of his own recent journey of self-discovery that occurred during a solo road trip to the northern California Redwoods with only his dog for company. Lacking direction in his own life, Liam embarked on this trip with no objectives or things to do beyond being amongst the Redwoods — or as he aptly described them "deities of green." These deities had a profound effect on Liam, using their mystical old-growth powers to procure the wisdom and sensibilities that he had long strived for. Emerging from the forest again, Liam was changed. He found himself itching to create and develop his career as a musician — as Sword Fearn. Ripe with this new experience, Sword Fearn created the lyrics to "Hero's Journey."

The song itself is raw and has a real DIY attitude to it. The instrumentals are rough and mostly unpolished — all intentional choices as the challenge for Sword Fearn was to mix and master the song on his lonesome. By letting his instincts guide him, he introduces you to a fantasy world in which he has lived. Slaying a lizard king, befriending giants, and saving damsels, Sword Fearn is poking fun at himself. "That's all imagery from books that I've read because I'm a huge reader and I'm a total fantasy nerd. I'm literally saying,

Dude get your head out of your books and get out there and make your own story. Live your own life because your life is so much more interesting than what you can find in a book." Once you make your way to the last act of the song you are truly immersed in another world. A world that Sword Fearn has cultivated by emulating the sounds of the Redwoods. "This is actually me experiencing my own story and making my way through the forest. The bridge is very much reinforcing the idea of getting out there but also being careful while you're experiencing life. Remember, it's not a story and it doesn't have an arc."

Hero's Journey will be out on November 5th on all major streaming platforms! Expect more eclectic releases from Sword Fearn in the lead-up to his album by the end of 2023. You can check out some unreleased material on the Burn the Box Youtube channel under the Madrona Grove 2 performance.

Photos courtesy of Corin Noronha.



# A One-in-a-Million Chance



### by Rob Carter

On September 20th of this year our beloved friend and AMP board member, Clarity Miller, received the life-giving gift of a kidney from friend and fellow board member, Andrew Velin. This is their story.

Clarity's kidney condition, Cystinuria, is an inherited, autosomal recessive disorder that results in the buildup of the amino acid cystine in the kidneys. It's rare, with an estimated prevalence of 50,000 cases in the US, according the the NIH Genetic and Rare Diseases Information Center. The result of the buildup of cystine in the kidneys is stone formation, obstruction, scarring, and ultimately, decreased kidney function to the point of failure.

There are currently an estimated 20,000 kidney transplants in the US each year. There

are also around 102,000 people on the list to get kidney transplants. (That's from 2016 data from The National Kidney Foundation, so probably more today.) Those that do not get transplants go on dialysis or die. Of those that do get transplants, roughly a third of them are from living donors — highly preferred for longevity and function, as evidenced by the robust transplant debut in Clarity's system. Of the living donors, only about a tenth of them are "unrelated pairs."

Forgive the crude math, but, if you consider the rarity of Clarity's disease (1/6640 of US population), the unlikelihood of even getting a transplant once on the list (1/6), the scarcity of living donors (1/3), and the infrequency of "unrelated paired donors" (1/10), you could say, with some mathematical confidence, that the chance of Clarity receiving such a robust partner in Andrew's kidney (dubbed "Anju"), is roughly 1 : 1,195,200. One in a million. So, you're saying there is a chance?

### From Clarity:

It's a rare and marvelous thing to be given the gift of life via an amazing friend's amazing kidney. I have been sick with a rare, genetic kidney disease since I was a child. On September 20th. Andrew and I put on our matching rainbow fluffy slippers and went to the hospital for our surgeries. I woke up six hours later with a third kidney and an awesome scar. The doctors told us that Andrew's kidney is superb, and it started working immediately. Within 24 hours, my bloodwork was coming back at normal levels, something I haven't experienced in decades. It is tradition among transplant patients to name their new kidney, and my new kidney is named Anju (short for Andrew Junior).

I am filled with immense relief knowing that I am now a healthy human with many years of life ahead of me. My faith in humanity has been increased tenfold by the fact that a friend would give me a part of his body so selflessly. I would like to follow him around 24 hours a day and thank him non-stop, but something tells me that would drive him nuts. In this spirit, I encourage everyone to become an organ donor so that when you pass from the physical world, your body can save people. One deceased donor can help up to 75 people.

Facing Page: Andrew and Clarity, together with their spouses, prior to the surgery. Below: Matching slippers at the hospital! Photos courtesy of Andrew Velin.

#### From Andrew:

Reflecting back on all of this I'm kind of in awe. It was really exciting when we learned that Clarity and I were a cross-match, then we had to wait over a year and a half for her kidney function to get poor enough to have the surgery. Talk about a prerequisite! But then one morning it was all done and over with. The day of the procedure was surreal, I mostly was excited but also a little worried about the pain. But in fact, nothing about the procedure or the recovery was a big deal. Essentially it is one month of discomfort, yet probably at least 20 years of life for Clarity. No heroics here, this was simply the right thing to do. I mean who wouldn't want to be blessed with this kind of opportunity to give? It has touched me deeply.

None of this would have been possible were it were not for the support of Clarity's Anacortes, Guemes, and beyond. That is what I want to celebrate at the end of the day. I wasn't the first to raise my hand to help Clarity. In fact, there were half a dozen people in our community that applied to be a donor. With a yearly average of 100,000 people in need of a kidney, you'd think they wouldn't be so selective, but they have the health and well-being of the donor in mind iust as much as the recipient. If you can make it past the screening, I highly recommend donating any spare organs you're carrying around. In my experience, it will put your life in a fresh, needed perspective. I am in awe that I got to play a role in this miracle of modern medicine.





## Live Music Calendar November 2022

## Thursday,

**Music Project** 

Ringing the Bell for Anacortes Music /// Brought to you by Anacortes

## **November 3**

- Farmstrong Brewery Brittany Collins & friends Soulful Americana All Ages
- ≥ Brown Lantern ö Local Talent 21+

## Friday.

## **November 4**

## Saturday,

- **November 5** Sequemes General Store Dog Tail Swing Bog Tail Swing Hot Jazz All Ages Rockfish Grill
- א Brown Lantern **Pay Dirt** א Skagit Rock 21+

#### Wednesday, November 9

≥ Rockfish Grill The Colonel Guitarra Flamenca All Ages ن

## Thursday,

November 10

E Brown Lantern **Open Mic** ö Local Talent 21+

## Friday. November 11

A McIntyre Hall Otello C Opera All Ages

- Rockfish Grill Chris Eger Ba ☆ Fresh Blues **Chris Eger Band**
- ≥ Brown Lantern Commonstraing Band & Pride of Guemes All Ages

- Sunday. November 13

  - ≥ Buxton's Manieri Second Sunday Jazz
  - Manieri Second Su Original Jazz All Ages

  - Lincoln Theater Always...Patsy Cline Live Theater All Ages

### Wednesday, November 16

- ≥ Rockfish Grill

- Pension King and the Dependents Eclectic Rock All Ages

#### Thursday, November 17

- ≥ Anacortes Public Library
- 0Manieri Jazz Lecture Series0Joan Penney: Women of Jazz
- Jazz History All Ages
- ≥ Brown Lantern
- Öp**en Mic** ö Local Talent 21+

## Friday.

- November 18
- McIntyre Hall Ordinary Elephant Folk Duo All Ages **Ordinary Elephant** 

  - Lincoln Theater Always...Patsy Cline Live Theater All Ages

#### Saturday, November 19

- Anacortes Senior Center Big Band Dance with A'Town Big Band
- Swing Dance All Ages
- Keystone Bldg Ballroom Caleb Klauder & Reeb W **Caleb Klauder & Reeb Willms**
- Old Time Country Music 16+ More info on page 13
- Rockfish Grill Joe Cook Blues Band Blues Harp All Ages Joe Cook Blues Band
- Brown Lantern **The Pine Hearts** indie Bluegrass 21+

- Sunday,
- **November 20** McIntyre Hall
  Starry Night Chamber Players
  Ni Intimate Concert All Ages
- Wednesday,
- **November 23**
- Rockfish Grill Diango Swing All Ages ن
- Thursday,
- **November 24**
- ≥ Brown Lantern Constraint Constraint
- Friday, **November 25**

- ≥ Brown Lantern Come Enthusiasts Big-hearted Rock 21+

## Saturday, November 26

- Swinomish Casino An Elvis Family Christmas w/ Danny Vernon

- Holiday Spectacular
- ≥ Rockfish Grill
- ğ **Astley-Lagen Band**
- ö Blues Blend All Ages

## Tuesday, November 29

- A Winter Celebration

## Wednesday.

- November 30
- Rockfish Grill Conrad Gruener Americana All Ages

## Save the Date

#### Saturday, December 17

- Buxton's **Rockin' Yule Bizarre** Cocal Holiday Bash All Ages
  - 8

- ≥ Lincoln Theater Always...Patsy Cline ∴ Live Theater All Ages

## Saturdav.

- November 12
- Fresh Blues All Ages



## From November Cover Artist Allen Moe **Photos From the Earth**

#### by Will McCracken

In art there exists a lineage. Recently I sat down with Allen Moe, an artist based on Guemes Island. He was mentored by my grandpa Phil McCracken and our meeting was special for the both of us. Phil was something of a legendary sculptor in the northwest art scene, but I only ever knew him as my grandpa. To Allen he was a friend and a teacher. Allen grew up around a great artist as well, being a young boy in Yosemite when the iconic photographer Ansel Adams worked there. "I always remember him first as a guy who played piano," Moe tells me. I laugh because I know what he means.

taken by Adams on one of the first ever Polaroid cameras. A guite historic photo by all accounts, but Allen is much more fascinated by the blemishes present in the lower right hand corner of the picture. He explains to me that they're from the process of tearing the print out of the camera after the initial exposure.

The Adams shot is the only traditional photo I see at Allen's place, but his property is adorned with photographs of another sort. Allen has done guite a bit of casting work with natural textures. Around his house are casts of everything from the jagged edges of old mussel shells to the winding veins of sand banks on the Skagit River. These are sculptures, yes, but they're so obviously photos as well, albeit with a different kind of exposing. Allen describes to me how he creates the "negative," with an initial silicone mold, and then pours cement onto these molds to create the final prints. It's a surprisingly scientific process, in which little

He shows me a photo of him and his father, is modified to change what the subject of the casting originally looked like. "I'm not into human interpretation," he says, "I don't want to interpret it, and make it one thing, or make it more than what it is — because it's so much richer just what it is."

> Allen and I speak at length about this unique way of approaching an artistic practice. One of his earlier projects was the creation of clay pots that are decorated with pieces of dead animals. Materials used in this project include the hearts of deer and the skins from roadkill found on the mean streets of Guemes Island. I initially assume that there is perhaps an element of macabre interest that informs these pots, but Allen assures me that his interest only lies in aesthetics. The patterns and textures on the bodies of these deceased creatures are an artistic gift that exist beyond any kind of goth sensibilities. Once again Allen is merely a conduit for us to see their beauty as it is.

> "You look at old pieces of coral and see worm tracks, and this is 500 million years



old and you're like holy \*\*\*\* — that existed and something isolated that layer and you realize it's a printing process."

In art there exists a lineage. For Allen and I, that lineage includes my grandfather. But it also includes the sandy banks of the Skagit, which to this day make art out of the gusts of the winds and the tides of the river. The layers of sediment that we stand on, the rings hidden inside tree trunks - the uni-

verse has been painting and photographing and writing and singing since a time before land. As artists we are merely inheritors of this ancient kind of living.

Above left: A concrete and graphite casting of a dessicated Saguaro from the Sonoran Desert. Photo courtesv of Allen Moe. Above Right: Kelp at Cooks Cove boat landing on Guemes Island. Photo courtesy of Allen Moe. On the cover: A casting of rubble on Lummi Island a year after a massive die-off of intertidal life in 2021 when unprecedented heat coincided with extreme low tides. Photo courtesy of Sally Peyou.

## **Verse/Chorus/Verse**

## November 2022 Manieri Jazz Events

Anyone who has ever gotten lost in the liner notes knows that reading the lyrics of a song can give you a whole new perspective on a band or musician. Here we highlight the words of one song. Each piece of writing featured here has a unique Anacortes connection.

This month we have a song from Alexandra Lockhart of Cumulus, who spent time in Anacortes as a teenager. "Teenage Plans" is a track from her latest album, *Something Brighter*. Can you spot the Donut House and Department of Safety references?

## **Teenage Plans**

Lyrics by Alexandra Lockhart

Sitting in the house on a saturday night Unpacking boxes to ease my mind Found a ticket stub and a diary I'm lost in a fog of memory

I miss all our teenage plans Sneaking out in your mom's old van Donuts in the parking lot before the show Singing every word in the front row Ohhhh

Can you please please slow it down? It's too much change to take If we're riding this hill down I'll keep one foot on the break

My brother had a baby she's the prettiest thing Now we're counting down seconds like a bolt of lighting Turn around once and a year is gone Wishing she could just stay forever young

When everything's right the world moves too fast I'm looking for a crack in the hourglass You once told me there'd never be Enough time To do all the things you want with me By your side

Can you please please slow it down? It's too much change to take If we're riding this hill down I'll keep one foot on the break

Can you please please slow it down? It's too much change to take If we're riding this hill down I'll keep one foot on the break



## Second Sunday Jazz Concert Ann Reynolds Trio

### Sunday, November 13, 2:00 PM

Join us for an afternoon of live jazz featuring the Ann Reynolds Trio. The Concert "Inspired by Women Composers" presents Ann's compositions honoring four women composers: Mary Lou Williams, Carla Bley, Geri Allen, and Christine Jensen.

This concert is LIVE and FREE for all. Sponsored by the Anacortes Public Library Manieri Endowment.

at Buxton's in Anacortes





## Thursday, November 17, 2:00 PM

Join us as Joan Penney, a talented and versatile local singer and interpreter of the American songbook, walks us through the important female influencers in jazz history.

This lecture is FREE for all. Sponsored by the Anacortes Public Library Manieri Endowment.

at the Anacortes Public Library



## **Big Band Dance** Featuring the A'Town Big Band

## Saturday, November 19, 7:00 PM

Enjoy some high energy big band jazz music! A'Town Big Band is a 17-piece jazz band that performs contemporary big band music. Join us to dance or just sit back and enjoy the music. Stay for the whole performance or listen to a few songs.

This event is FREE and for all ages. Sponsored by the Anacortes Public Library Manieri Endowment.

at the Anacortes Senior Center

## **New Release**



## from Sword Fearn: Hero's Journey

Sword Fearn's debut single, Hero's Journey, is a song about forging your own path. With verses that wink at the pulpy fantasies of his youth, and a chorus that roles its eyes at his escapist daydreams, "Hero's Journey" is about writing your own story.

#### Releases November 5, 2022

Lyrics, vocals, acoustic guitar, production by Liam Poor. Piano, synth, and bass by Noah Masten. Classical guitar by Adam Greenberg. Viola by Lilly Beagle. Album artwork Al generated by Liam Poor.

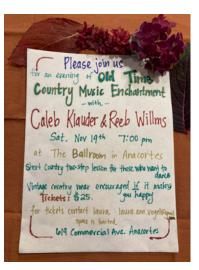
## **Bandcamp Fridays Continue!**

of 2020, Bandcamp has waived their revenue share to help support the many artists who have seen their livelihoods disrupted by the pandemic. Over the course of 23 days, fans have paid artists and labels more than \$84 million dollars, helping cover rents, mortgages, groceries, medications, and much more. If you're among the nearly 800,000 fans who have participated, thank you.

On the first Friday of the month since March If you've started to feel guilty about buying music on any other day of the month, here's something to keep in mind: on Bandcamp Fridays, an average of 93% of your money reaches the artist/label (after payment processor fees). When you make a purchase on any other day (as millions of you have, with close to \$1 billion now paid directly to artists), an average of 82% reaches the artist/label. Every day is a good day to support artists on Bandcamp!

The next Bandcamp Friday is November 4th, followed by December 2nd. As always, isitbandcampfriday.com has the details.

Go support you're favorite Anacortes musicians!



## Share the **Local Music Love!**

### **Get in Touch!**

Want your music projects or shows mentioned in the Show Chime? Want to submit a piece of art or an article? Have ideas for Show Chime you'd like to share? Show Chime only happens because of people like you. We would love to hear from you! THESHOWCHIME@GMAIL.COM

## **Anacortes Music Channel**

Do you know about the Anacortes Music Channel? One great pool of Anacortes music just churning away—24/7! Tune in day and night at anacortesmusicproject.org.

## **Represent!**

Here at AMP we have big plans for the future. In addition to the promotion, publication, and distribution of the SHOW CHIME music calendar, AMP is committed to creating events that feature local musicians, developing a scholarship and mentoring program, continuing the development and collection of archives past and present, and shaping exciting visions for the future, such as a physical space for our community's very own radio station and music space. Your support amplifies the music and musicians of Anacortes.

GO TO ANACORTESMUSICPROJECT.ORG AND CLICK ON THE **SPONSORSHIP BUTTON.** 

## **Become an Amplifier!**

Becoming a monthly donor is easy, you can scan this code with your phone and choose the amount you would like to contribute to AMP each month. Your donation helps us pay our musicians and artists, fund our events and festivals, offer AMP music camps, and move into an amazing new venue space for all to enjoy!



## **Stay in Anacortes**

Coming to Anacortes for a show? Stay the night! Check out the range of options at Anacortes.org/stav

## **Thank You!**

Thank you to our generous community donors: Don Bird, Paul Sherman, Henry Rose, Peter Delanev, Victoria McNeil, Sarah Siblev, Derek Eisel, James and Martha Harper, Steve and Stella Clarke, Patti Pattee, Eric Hinton, Jessica Redman, Brenda Treadwell, Jenn White, Camie Velin, Lisa Jackson, and Jensen Lovelett! Thank you to our sponsoring businesses: Mugsy at The Red Snapper, Hal and Sheryl at The Brown Lantern, Nick and Carolyn at Bikespot, Mark and Willie at Guemes Island General Store, Clay Christofferson at Farmstrong Brewing Company, Rick Star at Rockfish Bar and Grill, Barrett Community Caring Project, Ricky and Tristen at Total Home Services, and the good folks at the Anacortes Food Coop. Thank you Manieri board, Chris Terrell, and Keith Eyer at How It Works for putting us in print. Thank you to our November cover artist Allen Moe. Thank you to Laurie Racicot for editing and design. This November issue of Show Chime was printed by How it Works and made possible by a grant from the Anacortes Public Library Manieri Endowment. Getting the Show Chime to you each month is a community effort! This issue was written, edited. printed, distributed, and probably read on the traditional lands of Samish, Skagit, Swinomish, and Puget Sound Salish people.

